# Los Angeles LBGT Center

625 N. Schrader Boulevard Los Angeles, CA 90028

Phone: 323-993-7400

Building Hours: Monday through Friday: 9 a.m. to

9 p.m.

Saturday: 9 a.m. to 1 p.m.

The Los Angeles LGBT Center offers free and low-cost individual, couples, family, and group therapy.

#### Therapy groups include:

Women's Sexual Abuse Survivors, Self-empowerment group for GBTQ men, Anger Management, LGBT healthy relationships, Transgender Support and Empowerment, and 12-step recovery

#### **Other Services Include:**

Housing, legal, education and healthcare assistance.

### WELLBEING FOR Diverse

# SERVICE MEMBERS

#### **Female Vets**

#### **Women Vets on Point:**

U.S. vets Free counseling services for women

http://womenvetsonpoint.org/

## West LA VA Women's Program:

Program Manager Renee Andreassen Phone: 310-478-3711 ext.

44782

### Survivors of Sexual Trauma

All individuals who experienced sexual trauma while serving in the U.S. military are eligible for mental health services at the VA.

#### **VA MST Coordinators:**

West LA, Caryn Shein 310-478-3711 ext. 48793 Long Beach, Dr. Vanessa Hurwitz 562-826-8000 ext. 24271

#### **LA Regional Benefit Office MST Coordinators**

Electa Williams: Electa.Williams@va.gov Celeste Escoto: Celeste.Escoto@va.gov Eric Sanchez: Eric.Sanchez344@va.gov